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Folk Medicine of Himalaya

By K.S. Gulia

2007. Hardcover. Book Condition: New. 380 The Rural and tribal people living beyond the modern civilization had been dependent on herbs, and plants in forests form the time immemorial. Many of these plants are indeed very effective in curing diseases. Some practitioners of this primitive branch of medicine have become experts in the ethnopharmacology. Many herbs and plants used in curing various ailments during their practices of magico-sorcery create hallucinogenic effects on the subject and thus brings about the psychological relief. Plants like Neem serve in various ailments. The tribal healers ranging from Manipur, Nagaland, Nepal, Himachal Pradesh, Uttarakhand, Jammu & Kashmir, Ladakh and Tibet, etc., are the reservoir of the traditional herbal knowledge. This branch of folk medicine is a science of rural and tribal society. The books shows how the shamans combine their herbal wisdom with the magico-sorcery to create psychosomatic effects on their clients. It is a must read for the serious readers. About The Author:- Brigadier (Dr.) Kuldip Singh Gulia is a noted and active environmentalist. A Ph.D. in Human Ecology of the Himalayan Ecosystems, he has applied himself into sustained research in various facets of Human Ecology. Compilations of the vast storehouse of Human Ecology...



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Reviews

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