



## Beyond Diagnosis: Case Formulation Approaches in CBT

By -

John Wiley and Sons Ltd, United Kingdom, 1999. Paperback. Book Condition: New. 224 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Beyond Diagnosis Case Formulation Approaches in CBT Edited by Michael Bruch, University College London Medical School, UK and Frank W. Bond, Goldsmiths College, University of London, UK Most clinical psychologists and psychotherapists strive to plan and implement treatment programmes suited to the individual needs of their clients. The challenge is to do so within an environment of evidence-based managed care, for which the cognitive-behavioural model seems well suited. The case formulation approach is increasingly used and taught to meet this challenge. This unique collection of chapters by acknowledged experts is written with the trainee and practitioner in mind, with the emphasis on understanding case formulation and its clinical application. The reader will find that this book: Provides detailed examples of different, current approaches to CBT in the context of case formulation. Shows how six different types of psychological problems are conceptualised and treated from a case formulation perspective. Demonstrates how treatment manuals can be tailored to individual client needs, a process that may well increase the efficacy of the treatment manuals. Provides throughout many...



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