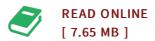




## **Beyond Being Bullied**

By Erainna Winnett

Counseling with Heart, United States, 2014. Paperback. Book Condition: New. Lucia Martinez (illustrator). 274 x 210 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Bullying is a serious problem that, unfortunately, affects an increasing number of children each year. Whether verbal, physical, or both, bullying can severely undermine self-esteem and even erode hope for a better future. Beyond Being Bullied is powerful medicine for the negative messages that accompany being targeted by a bully. Readers are provided with a wealth of activities designed to reinforce self-esteem. Additional activities relate to treating people with kindness and seeing oneself as a superhero who is well equipped to deflect negative messages and emerge even more resilient. Ages 7-12, Softcover, 40 pages Other titles available in the Helping Kids Heal Series Saying Goodbye: Memory Book Memories of You: Pet Memory Book Outsmart Test Anxiety: A Workbook to Help Kids Conquer Test Anxiety Better Days: A Workbook to Help Kids Better Understand and Accept Retention A Brighter Tomorrow: A Workbook to Help Kids Cope with Traumatic Events Chill Out: A Workbook to Help Kids Learn to Control Their Anger Mom or Dad s House?: A Workbook to Help Kids Cope with Divorce...



## Reviews

It becomes an awesome publication that I actually have actually read. It really is writter in simple terms and not difficult to understand. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- Talia Cormier

This ebook may be worth purchasing. it absolutely was writtern extremely completely and useful. You will not truly feel monotony at whenever you want of your respective time (that's what catalogs are for relating to when you ask me).

-- Idella Halvorson