



Beyond Being Bullied

By Erainna Winnett

Counseling with Heart, United States, 2014. Paperback. Book Condition: New. Lucia Martinez (illustrator). 274 x 210 mm. Language: English . Brand New Book ***** Print on Demand *****.Bullying is a serious problem that, unfortunately, affects an increasing number of children each year. Whether verbal, physical, or both, bullying can severely undermine self-esteem and even erode hope for a better future. Beyond Being Bullied is powerful medicine for the negative messages that accompany being targeted by a bully. Readers are provided with a wealth of activities designed to reinforce self-esteem. Additional activities relate to treating people with kindness and seeing oneself as a superhero who is well equipped to deflect negative messages and emerge even more resilient. Ages 7-12, Softcover, 40 pages
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