



## Candida: The Drug Free Way

By Jo Dunbar

Wellhouse Publishing Ltd. Paperback. Book Condition: new. BRAND NEW, Candida: The Drug Free Way, Jo Dunbar, Candida is the common name for an overgrowth of yeast organism known as 'Candida Albicans'. Candida appears with many varying and seemingly unrelated symptoms it affects almost every part of the body and has become an umbrella term for any collection of symptoms of no identified cause. Because of the wide range of symptoms and the lack of positive diagnostic tests available, this gap has provided fertile ground for individuals of limited medical training to quickly hop on the band wagon and begin 'diagnosing' Candida for almost any condition or illness. Candida is a serious disorder, it is a disease of an internal environmental disturbance, and not simply a fungal infection, which is treated with anti-fungal medicines. It is important to know what caused the overgrowth of yeast so that the cause may be eliminated before the treatment program can begin. This book introduces you to a thorough drug-free treatment program, as well as tips on how to adapt your life-style comfortably to treating Candida.



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