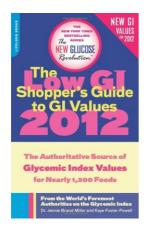
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# THE LOW GI SHOPPERS GUIDE TO GI VALUES 2012: THE AUTHORITATIVE SOURCE OF GLYCEMIC INDEX VALUES FOR NEARLY 1,200 FOODS



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