



Cooking Under the Arch: Cherished Recipes and Gardening Tips from the Rigorous High Country of Alberta's Chinook Zone

By Millarville Horticultural Club

Heritage House Publishing Co Ltd. Paperback. Book Condition: new. BRAND NEW, Cooking Under the Arch: Cherished Recipes and Gardening Tips from the Rigorous High Country of Alberta's Chinook Zone, Millarville Horticultural Club, The Millarville Horticultural Club was formed in 1976 and continues to provide mutual support and inspiration for its many members who garden, and cook, in the challenging Chinook Zone. Its first book, "Gardening Under the Arch", was recently re-released by TouchWood Editions to local acclaim. Down-to-earth, easy-to-prepare, inexpensive recipes for home cooking are at the heart of this cookbook inspired by foods from the garden. Ingredients can be purchased locally through farmers' markets (or grocery stores), but if you want to grow your own, this book tells you how. Written by the same people who brought you "Gardening Under the Arch", this cookbook is about more than fruits and vegetables. It's about soups, salads, casseroles, desserts, beverages, wines, vinegars, wild fruits, jellies and preserves, sauces, pickles, chutney and relishes, toasted seeds, edible flowers, sauerkraut, rosehips, baby food and more. Recipes are interspersed with informative essays about growing vegetables, transplanting, raised beds, herbs, fruit, community gardens and farmers' markets. If you've ever wondered how to make your aunt's great...



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Reviews

This ebook is definitely not straightforward to start on looking at but really enjoyable to learn. It usually will not charge excessive. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- **Karianne Deckow**

This kind of publication is almost everything and taught me to seeking ahead and a lot more. I really could comprehended almost everything out of this created e publication. I am effortlessly can get a pleasure of reading through a created ebook.

-- **Keon Lowe**